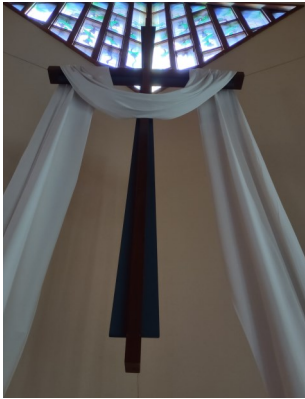


Zion Lutheran Church, Superior WI

Gathering together, Growing in faith, and Going into the world in Jesus' name.

Pastor's Message



Happy September and welcome to fall! We know that there is a rhythm to the life of faith, just as there is a rhythm to our daily lives, and that the two often are related. How we worship or pray or experience God's presence can shift or change at different points in our year, and even in different seasons of our lives, depending on the responsibilities we have and the events that are happening for us at that time. Paying close attention to how these rhythm changes feel in our body and soul is a good spiritual practice. It's good to make time to check-in and evaluate how we experience God's presence, and where God might be drawing us to notice something important.

September is one of my favorite times of the year because the energy I feel at this transition time in the calendar feels like a new box of crayons--full of wonder and possibility for something new and fresh to begin. I get spiritually energized by the start of a new year of learning in Sunday School, Logos youth group and confirmation classes, bible studies, book studies...and even in worship. Perhaps this is true for you too! Fall is a great time to evaluate our rhythm of faith for ourselves and for our families. Where is

God making God's presence known in our lives, what is getting in the way, and how can we feel more connected and nourished in our life of faith?

Sometimes when I ask people how things are going for them, they answer by saying, "Oh, you know...living the dream!" This response always makes me smile along with wondering what exactly that means for them. Mostly, I think this type of response expresses our general human feeling of wanting our life to be more, but being stuck in the daily rut of fulfilling all the general expectations of what our life is supposed to include or be about—the rhythm of going to work or doing our chores, keeping ourselves and family fed, having occasional moments of fun or entertainment, and then hopefully waking up to do it all again the next day.

I think living the dream is actually about the desire to have A GOOD LIFE. I think most human beings want to say we have a good life, that we are blessed or at peace, or simply that we "can't complain" and truly mean it. Sometimes the GOOD LIFE seems unattainable or beyond our ability to make it happen with our current resources. I wonder though what having a good life, or living the dream, really is or really looks like... What does the GOOD LIFE include or not include? Who gets to decide and how does it come about? What if there is more to life than the rhythm that you are stuck in... whatever rhythm that is at the moment?

This fall we are going to talk about A GOOD LIFE in worship beginning on Sept. 8th. We are going to wonder about how we are WALKING WITH JESUS as a daily life rhythm as we learn together in our discipleship activities like Sunday School, Logos youth group, and bible study groups, and more. I hope that you find space this fall to wonder how God is encouraging you to get into a rhythm that helps you find the fullness and radical freedom of the abundant life God wants to give you. God loves you! See you in church!

Peace,
Pr. Sarah

Coming up...

Starting **September 1**, we will be experimenting with having **one worship service on Sundays at 10:00am**.

Starting **September 3**, **office hours** will be **9am to 2pm, M-Th**.

No-prep Bible Study starts back up on Wednesday, September 4 at 1:30pm.

Fall Kick-off Sunday & Backpack Blessings, Sunday, September 8, 9:00am in fellowship hall God's Work, Our Hands service projects before worship. 10:00am worship.

Installation of Bishop Martin Halom is Sunday, September 15, 3:00pm, at Hope Lutheran Church, Eau Claire.

We are also creating more of a space

for discipleship classes (**Sunday School and Adult Education**) starting Sunday, September 22, from 9:00-9:45am before worship.

Starting **September 18**, Worship at 5pm, Dinner 5:30pm, 6pm Intergenerational Learning and Logos. Also, the **deadline to register for the NWS of WI Women's Convention**.

Church Council

Church Council meets the third Thursday of the month at 6pm. Council meetings are open to church members, and we invite you to stop by and see what we are up to! If you have questions, concerns, ideas or are just curious, you are always welcome.

The Church Council July meeting was postponed until August 8. No meeting minutes were approved at the time of publication.

COUNCIL OFFICERS 2024-2027		
Term Ends January 2025	Term Ends January 2026	Term Ends January 2027
Christel Lewis - Secretary	Grace Becken	Donald Anderson
Aine Merrill - Treasurer	Sara Schubert McKone – Vice President	Shannon Johnson
Margaret Sundet	Donna Meltz	Lynn Rochon - President

WELCA

“As a community of women created in the image of God, called to discipleship in Jesus Christ, and empowered by the Holy Spirit, we commit ourselves to grow in faith, affirm our gifts, support one another in our callings, engage in ministry and action, and promote healing and wholeness in the church, the society, and the world.”

WELCA meets every 2nd Sunday of each month at 11:00am. Please come a join us!



CARING FOR GOD'S CREATION *Renew - Reuse - Repurpose*

SEPTEMBER 27 – 28, 2024

2024 Northwest Synod of Wisconsin
Synodical Women's Organization Convention

SPIRIT LUTHERAN CHURCH
1310 Main St, Eau Claire

RESERVE THE DATES! COME! Be inspired as together we sing, pray, laugh, worship, and learn from keynote speakers and awareness session leaders!

For more information and registration form, please go to the web site and download or call the church office for a hard copy.

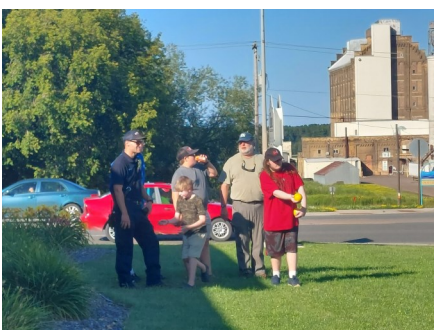
Memorials for Bruce Dunning
were received from
Bruce & Beth Zeppo

Vacation Bible School



Thank you to all of the volunteers and church leaders that made this year's VBS Program and National Night Out wonderful successes!

National Night Out



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>SEPTEMBER 2024</i>						
1 10am Worship 11am Coffee	2 LABOR DAY 6pm AA Mtg	3 6pm Al-Anon Mtg	4 1:30pm No-prep Bible Study 3:30 Worship & Music	5 1pm Sew 'n Sews	6	7
8 FALL KICK-OFF & BACKPACK BLESSINGS 9am God's Work, Our Hands event 10am Worship 11am WELCA & Coffee	9 6pm AA Mtg	10 6pm Al-Anon Mtg	11 1:30pm No-prep Bible Study	12 1pm Sew "n Sews	13	14
15 10am Worship 11am Coffee	16 4:30pm Choir 5:30pm Bells 6pm AA Mtg	17 5pm Operations 6pm Al-Anon Mtg	18 1:30 No-prep Bible Study 5-7pm Logos 5pm Worship 5:30pm Dinner 6pm Intergenera- tional Learning	19 1pm Sew "n Sews 5pm Stewardship 6pm Church Coun- cil	20	21
22 SUNDAY EDU- CATION BEGINS 9am Sunday School/Adult Ed/ Coffee 10am Worship 11am Coffee	23 4:30pm Choir 5:30pm Bells 6pm AA Mtg	24 6pm Al-Anon Mtg	25 1:30 No-prep Bible Study 5-7pm Logos 5pm Worship 5:30pm Dinner 6:15pm Disciple- ship Lesson 6:15pm Logos Youth Lesson	26 1pm Sew "n Sews	27	28
29 9am Sunday School/Adult Ed/ Coffee 10am Worship 11am Coffee	30 4:30pm Choir 5:30pm Bells 6pm AA Mtg					

HAPPY BIRTHDAY!!!

Sep 5 Ronald Lundberg	Sep 17 Terriann Mertz	Sep 23 Nathan Maki
Sep 5 Kate Maki	Sep 19 Micah Gunderson	Sep 25 Linda Brow
Sep 9 Linda Moe	Sep 20 JoAnn Mattson	Sep 27 Nichole Dittbrender
Sep 10 Ruthanne Amundson	Sep 22 Chrissy Barnard	Sep 28 Anthony Anderson
Sep 10 Shirley Boris	Sep 23 Scott Kvam	

Sep 17 Tony & Eileen Amys
Sep 23 Robert & Kay Warner

Happy Anniversary

PRAYERS FOR ALL

Prayer Chain: Please submit any prayer requests to a member of the prayer chain: Linda Moe 715-398-6779.

Prayers of Healing: Ric Adrihan, Barry Kilner, Michael Pelletier, and Tom Velin.

Prayers of Protection:

Nathan Anthony, Mathew Sherwood, Nathan Madsen, Keely Nelson, Andrew Hutton, Andrew Mattson, Joshua Seifert, and for all those who are in military service throughout the world and their families; and for law enforcement officers, firefighters, EMT's, and all who put themselves at risk for others.

Prayers of Comfort:

Those homebound or in nursing homes: Jerry and Marilee, Sharon Miller, Alice Mattson, Ellie Mae Nelson, and Delores Mackie.

Prayers for Strength & Guidance: Pastor Sarah Gunderson, Our Church Council, our lay leaders, Presiding Bishop Elizabeth Eaton, Synod Bishop Martin Halom and our Synod Staff, and for all those who stand up for justice in Jesus' name.

Thank you to all who pray faithfully.

To add or remove a name, please call the office. 715-398-3663 Thank you.

Food Shelf Focus (pop-top cans are a plus)

Applesauce . Brown rice . Canned or dried fruit . Canned ravioli & pastas . Canned soup, stew and chili
 Canned tuna, chicken, SPAM & ham . Canned vegetables . Cereal . Crackers . Granola bars . Hamburger Helper
 Instant Mashed Potatoes . Macaroni & Cheese . Meals in a box . Peanut butter & jelly
 Whole Grain Cereal . Whole Grain Pasta
 Bar soap and body wash . Dental Floss . Deodorant . Shampoo & Conditioner
 Tooth brushes . Tooth paste . Water-based lotions

SEPTEMBER LAY MINISTRY 2024

READER	COUNTERS
Sep 1 Polly Lohman	Sep 1 TBD
Sep 8 Micah Gunderson	Sep 8 Paul Freer, Beth Arnson
Sep 15 Donna Meltz	Sep 15 Eve Bagan, Polly Lohman
Sep 22 Rusty Mehlberg	Sep 22 Aine Merrill
Sep 29 Polly Lohman	Sep 29 Linda Brow, Carol Peterson
MINISTER ASSISTANT	GREETER
Sep 1 Anthony Anderson	Sep 1 Mary Hickman
Sep 8 Linda Moe	Sep 8 Janet Arena
Sep 15 Aine Merrill	Sep 15 Lucy Sullivan
Sep 22 Anthony Anderson	Sep 22 Shirley Boris
Sep 29 Linda Moe	Sep 29 Lynn Rochon
USHERS	ALTAR GUILD
Sep 1 Donald Anderson	Mary Hickman
Sep 8 Vicky Holm	
Sep 15 Donald Anderson	
Sep 22 Vicky Holm	
Sep 29 Donald Anderson	

If you are unable to serve at the scheduled time, please notify the Office at 715-398-3663 with the name of your replacement.
 Thank you for your service.

ZION LUTHERAN CHURCH
2022 East Second Street
Superior, WI 54880

Contact Zion

Pastor Sarah Gunderson

pastor@zionsuperior.org

715-398-3663, ext. 202

Email: pastor@zionsuperior.org

Cell Phone: 715-817-6543

Office Manager & Newsletter Contact

Paul Robinson

Email: churchoffice@zionsuperior.org

Organist & Choir Director

Gretchen Johnston, OSB

Custodian

Darren Velin

Prayer Ministry and Requests

prayer@zionsuperior.org

Sunday School (Pre-K through 5th grade)

LOGOS Youth Group

churchoffice@zionsuperior.org

THE MESSENGER *SEPTEMBER 2024*

ZION LUTHERAN CHURCH - ELCA

*“Gathering together, Growing in faith,
and Going into the world in Jesus’ name.”*

Sunday Education

9am

Sunday Worship Service

10am

Coffee Hours 9am & 11am

Worship Service is also on the website.

Church Office Hours

Mo–Thu 9am–2pm

Pastoral Hours: Tu-Thurs 9-11, and by
appointment

[Want to give online via credit card or PayPal today??](#)

Scan the QR code to give using a PayPal account .

